

BEXLEY Swimming Club – Summer Timetable

Dear Parents,

I can now confirm the summer timetable will run from Monday 23rd July - Sunday 19th August 2018. This is instead of the usual two week closure and ensures that all of our swimmers still benefit from 2/3 training sessions per week.

Training times during this period will be as follows:

Academy

Monday - 4.30pm-5.30pm
Friday - 6.30pm-7pm

Development

Monday - 4.30pm-5.30pm
Friday - 6.30pm-7.30pm

Progressive

Monday - 5.30pm-7pm
Friday - 7pm-8pm
Saturday - 7.30am-8.30am

Competitive

Monday - 5.30pm-7.30pm
Friday - 7pm-7.30pm (Land Training) 8pm-9.30pm (Swimming)
Saturday - 8.30am-9.30am

Performance

Monday - 7pm-9pm
Friday - 6.30pm-7pm (Land Training) 7.30pm-9.30pm (Swimming)
Saturday - 7.30am-9.30am

ClubMasters

Monday - 7.30pm-9pm

There will be **no swimming** for any squads **on Tuesdays, Thursdays or Sundays**.

Kind regards,
Michelle