

# LONDON REGIONAL SUMMER CHAMPIONSHIPS 2020

## LONDON AQUATICS CENTRE

### SCHEDULE OF EVENTS - AGE GROUP WEEKENDS

#### Session: 1 Warm Up 8am, Sat 25 April

HDW 101 Girls 11-14 1500 Freestyle  
Heats 102 Boys 11-14 100 Freestyle  
Heats 103 Girls 11-14 200 Freestyle  
Heats 104 Boys 11-14 50 Breaststroke  
Heats 105 Girls 11-14 100 Breaststroke

#### Session: 2 Warm Up TBA, Sat 25 April

HDW 106 Boys 11-14 400 IM  
Heats 107 Girls 11-14 100 Butterfly  
Heats 108 Boys 11-14 200 Butterfly  
Heats 109 Girls 11-14 50 Backstroke

#### Session: 3 Warm Up TBA, Sat 25 April

Finals 103 Girls 11-14 200 Freestyle  
Finals 102 Boys 11-14 100 Freestyle  
Finals 105 Girls 11-14 100 Breaststroke  
Finals 104 Boys 11-14 50 Breaststroke  
Finals 107 Girls 11-14 100 Butterfly  
Finals 108 Boys 11-14 200 Butterfly  
Finals 109 Girls 11-14 50 Backstroke

#### Session: 4 Warm Up 8am, Sun 26 April

Heats 201 Girls 11-14 200 IM  
HDW 202 Boys 11-14 400 Freestyle  
Heats 203 Girls 11-14 50 Freestyle  
Heats 204 Boys 11-14 200 Breaststroke

#### Session: 5 Warm Up TBA, Sun 26 April

HDW 205 Girls 11-14 800 Freestyle  
Heats 206 Boys 11-14 100 Backstroke  
Heats 207 Girls 11-14 200 Backstroke  
Heats 208 Boys 11-14 50 Butterfly

#### Session: 6 Warm Up TBA, Sun 26 April

Finals 201 Girls 11-14 200 IM  
Finals 204 Boys 11-14 200 Breaststroke  
Finals 203 Girls 11-14 50 Freestyle  
Finals 206 Boys 11-14 100 Backstroke  
Finals 207 Girls 11-14 200 Backstroke  
Finals 208 Boys 11-14 50 Butterfly

#### Session: 7 Warm Up 8am, Sat 2 May

HDW 301 Boys 11-14 800 Freestyle  
Heats 302 Girls 11-14 100 Freestyle  
Heats 303 Boys 11-14 200 Freestyle  
Heats 304 Girls 11-14 50 Breaststroke  
Heats 305 Boys 11-14 100 Breaststroke

#### Session: 8 Warm Up TBA, Sat 2 May

HDW 306 Girls 11-14 400 IM  
Heats 307 Boys 11-14 100 Butterfly  
Heats 308 Girls 11-14 200 Butterfly  
Heats 309 Boys 11-14 50 Backstroke

#### Session: 9 Warm Up TBA, Sat 2 May

Finals 303 Boys 11-14 200 Freestyle  
Finals 302 Girls 11-14 100 Freestyle  
Finals 305 Boys 11-14 100 Breaststroke  
Finals 304 Girls 11-14 50 Breaststroke  
Finals 307 Boys 11-14 100 Butterfly  
Finals 308 Girls 11-14 200 Butterfly  
Finals 309 Boys 11-14 50 Backstroke

#### Session: 10 Warm Up 8am, Sun 3 May

Heats 401 Boys 11-14 200 IM  
HDW 402 Girls 11-14 400 Freestyle  
Heats 403 Boys 11-14 50 Freestyle  
Heats 404 Girls 11-14 200 Breaststroke

#### Session: 11 Warm Up TBA, Sun 3 May

HDW 405 Boys 11-14 1500 Freestyle  
Heats 406 Girls 11-14 100 Backstroke  
Heats 407 Boys 11-14 200 Backstroke  
Heats 408 Girls 11-14 50 Butterfly

#### Session: 12 Warm Up TBA, Sun 3 May

Finals 401 Boys 11-14 200 IM  
Finals 404 Girls 11-14 200 Breaststroke  
Finals 403 Boys 11-14 50 Freestyle  
Finals 406 Girls 11-14 100 Backstroke  
Finals 407 Boys 11-14 200 Backstroke  
Finals 408 Girls 11-14 50 Butterfly